

Eugene Meyer Awards Event on Dec. 5 Employees Invited to Special Evening!

ll Post employees are invited to attend the 2005 Eugene Meyer Awards celebration on Monday, Dec. 5 from 5 to 8 p.m. in the Northwest Building's auditorium and multipur-

Ann Griffin

This year's recipients of the Eugene Meyer Award are Ann Griffin, Springfield Health Center; Jay Mathews, News; Rick Tippett, Advertising, and Phyllis Waslo, Northwest Health

and dancing. Please RSVP to

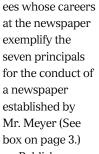
the Public Relations Depart-

ment at x4-7969 or e-mail

CiceroNL@washpost.com.

The Eugene Meyer Awards were established in 1983 on the 50th Anniversary of Eugene Meyer's purchase of The Post. The award recognizes employ-

Center.



winners on Friday, Nov. 18, citing their careers and achievements at The Post as follows:

ANN GRIFFIN started at The Post in 1980 as an occupational health nurse for the night shift at the new Springfield Plant. She brought with her a wealth of practi-

cal nursing experience,

and during her 25 years

at The Post she has led a

continuing process of

training and education

other employees. She

supervisor in 1986 and

field Health Center

for the nursing staff and

was promoted to Spring-

Jay Mathews



Rick Tippett

education reporter, has had a distinguished career as a Post reporter in many settings. He started in 1971 as a night reporter



Phyllis Waslo

in Metro and then covered Arlington, the District, and the Virginia legislature. In 1976, he became The Post's correspondent in Hong Kong, then moved to

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plant nursing staff, handling workplace injuries, and running wellness and safety programs. She has tirelessly contributed to the well-being of employees, who have had a special affinity with her since the

became occupational health

2001. Ann has shown care

and skill in managing the

manager for the plant in

Springfield Plant opened. JAY MATHEWS

for the conduct of a newspaper established by pose room. Honor your col-Mr. Meyer (See

leagues receiving the prestibox on page 3.) gious Eugene Meyer Awards Publisher and spend a fun evening with **Bo Jones** co-workers enjoying great food announced the

Be An Angel

Mary's Center for Maternal and Child Care in D.C. has been chosen to be the recipient of The Post's 2005 Be An Angel Campaign. The annual campaign is supported by Post employees and readers



who generously donate muchneeded items and funds to a designated Districtbased nonprofit organization.

Mary's Center was established in 1988 to

address the demand for Spanish-speaking maternal and pediatric services in the predominately Latino areas of Ward One. The Center now serves a multicultural population throughout the District, with a focus on families who work in jobs where health insurance is not available. Mary's Center programs include child development, intensive home visits for vulnerable families, case management for teen pregnancy prevention and planning, educational training to prevent school dropout, employment referral and placement, HIV testing and prevention, and a housing program designed to prevent homelessness.

To learn more about Mary's Center go online to www.maryscenter.org.

Here's what you can do to help:

1. Get together with the staff in your department...to make it a great year-end group project. You may ask colleagues to donate the cost of a cup of coffee for one week, or divide into groups to bring in clothing, toy donations or the other items listed below.

2. Donate essential items to Mary's Center...ALL DONATIONS MUST BE UNWRAPPED. Requested items include:

- Strollers umbrella-style or larger, including double-size
- Diapers newborn to three-years-old
- Educational Toys newborn to 12-years-old
- Calculators pocket-size or scientific
- Newborn Clothes and Supplies – new
- Winter Coats one to 12years-old, new or used.
- Thermometers digital
- Watches any type

3. Donate gift ertificates...from Gia

certificates...from Giant or Safeway food stores.

4. Make a contribution... to support the vital work of Mary's Center. Donations payable to Mary's Center will enable them to provide necessary prenatal, education and social services to women and children who may not be able to afford health insurance. Donations to Mary's Center made by Post employees are eligible for the Matching Gifts Program. Matching Gifts forms can be found on the *Intraned* home page under online forms, or call **Tito Tolentino**, Public Relations, at x4-6835.

Donations can be made at The Post from Monday Dec. 5 until Friday, Dec. 30. At the Northwest Building items can be placed in the large "gift boxes" in the main lobby. Checks, cash or gift certificates can be placed in the donation box on the security desk. Springfield and College Park employees should drop off donations at the Plant Administration Office during the day or Plant Security in the evenings. For more information, contact Aurora Gonzalez. Public Relations, at x4-7973, or e-mail gonzalal@washpost.com.

You can also bring your donations to The Post's annual holiday celebration scheduled for:

Thursday, Dec. 15, noon to 2 p.m. at the front entrance to the Northwest Building.

Join your colleagues and Ned the Newshound for hot cocoa and cookies and enjoy one of The Post's most memorable traditions – the annual holiday music program. This year's program will be performed by the District's Wilson Senior High School Choir and the Shaw Junior High School Concert Band.

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Beijing in 1979. In 1981 he began an 11-year stint as Los Angeles correspondent and bureau chief. After five years as a financial reporter in New York, he came back home in 1997 to cover Alexandria and Arlington schools and education generally. Already a national expert on secondary education, Jay has used the beat to be an extraordinarily productive and insightful reporter for the news sections, the Extras, and the Web site. He also willingly pitches in wherever his talents and versatility can help, and he has been an invaluable mentor to education reporters and many others.

RICK TIPPETT, director of the national advertising unit, wins this award for a lifetime of outstanding work in the Advertising Department. He began in 1969 as a messenger and within a couple of years moved to sales. During the next decade he served as a sales representative in National, Retail, and Classified. Rick then managed a number of categories (National Weekly, Display, Automotive, Corporate, Financial) before moving to New York in 1991 to be national sales manager, then director in 1993. He has played a key role in the growth of national and international advertising as an engine for revenue growth. Rick has also been a model for building customer relationships and for dealing with colleagues as a supportive leader.

PHYLLIS WASLO

joined The Post in 1980 as an occupational health nurse on the night

Seven Principles for the Conduct of a Newspaper

- The first mission of a newspaper is to tell the truth as nearly as the truth can be ascertained.
- The newspaper shall tell all the truth so far as it can learn the important affairs of America and the world.
- As a disseminator of news, the paper shall observe the decencies that are obligatory upon a private gentleman.
- What it prints shall be fit reading for the young, as well as for the old.
- The newspaper's duty is to its readers and to the public at large, and not to the private interests of its owners.
- In the pursuit of truth, the newspaper shall be prepared to make sacrifices of its material fortunes, if such course be necessary for the public good.
- The newspaper shall not be the ally of any special interest, but shall be fair and free and wholesome in its outlook on public affairs and public men.

-EUGENE MEYER Publisher of The Post, 1933 - 1946

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| 1985 | Elsie Carper News | Sue Ore Adver | | Penny Pendergast Production |
| 1986 | John Anderson Editorial | Al Ols Adver | | Earnie Smith Production |
| 1987 | Helen Dewar News | Lou Li Adver | | L.C. Turner Production |
| 1988 | Ed Alexander Springfield Pressroom | Bill Ras | | Jake Terrell Circulation |
| 1989 | Tim Land Circulation | Matthew New | | Scotte Manns Advertising |
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shift for the Northwest Plant. In 1986 she was promoted to occupational nursing supervisor and assumed responsibility for day-to-day management of the Northwest Health Center and the nursing staff. She became occupational health manager in 1991, as her responsibilities grew to include promoting wellness programs for employees and advising on office-station ergonomics and other health issues. A trusted health professional and valued manager, Phyllis has earned affection and gratitude for her diverse contributions to the health of Post employees. ■

PostScripts

A Meaty Story in Fairfax



Fairfax Extra Editor **Steve Fehr** hands off eight filet mignons packed in dry ice from Omaha Steaks to Roxanne Rice, executive director of Food for Others, a Fairfax-based food bank that serves Northern Virginia. The meat was a gift from a Fairfax Station reader thanking Fehr and **Woody Irvin**, Fairfax Bureau editorial aide, for featuring her neighborhood Halloween show in the Fairfax Extra.

2005 Expense Deadlines

Please note the following 2005 deadlines from the Accounting Department:

- Delinquent expense reports: Thursday, Dec. 15
- Final current expense reports: (dated after Dec. 8) Wednesday, Dec. 21
- Accounts payable vouchers: Wednesday, Dec. 21

Accrual worksheets: Thursday, Jan. 5 by noon

Delinquent expense reports are those outstanding longer than one week after the expenditure has been made. Accounting will only accept reports for expenses incurred after Dec. 8 between Dec. 19 and 21. No expense reports will be accrued. If you have any questions, contact Nadeem Awan, financial accounting supervisor at x4-7812. Individual department deadlines may be earlier in order to meet these deadlines. The Newsroom deadlines will be posted on The Source.

The Post Honors 18 Principals

The 2005 recipients of The Post's Distinguished Educational Leadership Awards



Marlene Tarr, principal of Governor Thomas Johnson High School in Frederick County, spoke on behalf of her fellow DELA winners at the awards ceremony. Chairman **Don Graham** is on the left.

Marketplace

(DELA) are a diverse group that includes authors. PhD's. mini-marathoners, kayakers and even a skydiver. On Wednesday, Nov. 16, they were honored by The Post for what they have in common, their dedication to their students and teachers and to excellence in their schools. Chairman **Don Graham** and Publisher Bo Jones congratulated each one of the principals during the awards ceremony that was followed by a reception at the Northwest Building.

The Post established the award in 1986 to recognize outstanding area public and private school principals. Each of the awardees receives a Tipperary crystal school bell and attends media and leader-

> ship training workshops in St. Thomas, U.S. Virgin Islands, during the summer.

Online Store Sales Events

Mark your calendar for these upcoming holiday sales events! Employees will receive a 10 percent discount on every item. Clearance items will be available. Cash, checks, and credit cards accepted. For more information, contact **Nicole Marshall**, Marketing at x4-6874.

Springfield Plant Thursday, Dec. 8, Noon to 3 p.m.

College Park Plant: Friday, Dec. 16, 11 a.m. to 3 p.m.



Gil Petr Awardees

Circulation Department staff Bernea "Bernie" Bell, Cassandra Ragland, and Lydia Wilkins were presented with the 2005 Gil Petr Award by Vice President of Circulation David Dadisman on Thursday, Nov. 17. The award recognizes Circulation Department employees who unselfishly and quietly perform their jobs with a consistent commitment to excellence. The award was established 11 years ago in memory of Gil Petr, a zone manager at The Post from 1980 until his death in 1994.

FOR SALE: 2005 White House Christmas Ornaments. I'm selling them as a fundraiser for my sons' daycare center. They are \$16/each and I have one at my desk if you'd like to see one. If you are interested, please call Liz at x4-6545 soon—they've sold out quickly in the past.

ISO: Experienced sewing person to make four very simple lined drapery panels. Call Pam at x4-7889 (5 p.m. - midnight) or at (703) 941-2371 during the day.

FOR SALE: Holiday season is here again if anyone is interested in ordering any holiday wreaths or over door swags, please place your order by Dec. 3rd, I also will have holiday gift baskets for sale. Call Josie at x3-0638 or (703) 492-8180 or e-mail at josiescraft@yahoo.com

DONATE BABY CLOTHES: Proud aunt of one-month-old girl twins, is looking for your used baby clothes and equipment. Call Tammy at (202) 396-0960 or by e-mail at *johnsontt@washpost.com*. Will arrange pick-ups. **ISO BAKERS:** To bake or bring something yummy for the annual Cookie and Book Sale on Dec. 7. All proceeds benefit the N Street Village (See 11/17 issue of ShopTalk). All bakers are welcome, novice or experienced. Feel free to buy goodies to donate to the sale. The sale is Wednesday, Dec. 7 from 1 to 4 p.m. in the Northwest Building's auditorium on the second floor. Contact Aimee at x4-6748 or e-mail *sandersa@ washpost.com* for more info. FOR SALE: 2003 Honda Accord LX, 34k miles, all maintenance done, new brake pads/rotors, silver metallic paint. \$15,000. Call Gina at (703) 447-7667 or e-mail *lvaldes@aol.com.*

MARKETPLACE DEADLINE: Noon Fridays. Please include your name, extension and home phone number. Ads are for Post Employees only. Send ads to Shop Talk, 7th floor, or call x4-6803. To send ads via fax dial x4-4963; via e-mail send to shoptalk. Ads run two issues unless otherwise requested. One ad per employee, please.