

ShopTalk



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Editor, Mario I. Oña, x4-6803

Weekend Celebrates 30 Years; Kicks Off Concert Series

By **Lauren Hoffman**
ShopTalk Staff Writer

The Weekend's Weekends concert series kicked off on June 15 with reggae night. The series continued as The Post celebrated the Weekend section's 30th anniversary with blues night on June 22 and will end with Latin night on June 29.

For nearly 20 years, the free concert series held at the Carter Barron Amphitheatre has been an annual success. The first concert of the summer, featured three reggae bands and attracted many locals, as all the tickets were given out before the concert began.

The Post's Weekend section and Public Relations department work months in advance to plan for the three concerts. Weekend Editor **Joyce Jones** praised **Richard Harrington**, Weekend reporter, for his efforts in preparing for the series.



PHOTO - LAUREN HOFFMAN

Weekend Editor **Joyce Jones** introduces members of the Weekend staff at the Weekend's Weekends 30th anniversary blues night. Jones thanked the crowd for coming out to support The Post and the bands at the Carter Barron Amphitheatre.

"We start planning the Weekend's Weekends concert in the winter and it really



picks up in the spring," Jones said. "Richard Harrington does most of the work. He does a really terrific job on it because he knows the music scene so well and every year

we endeavor to get different bands. Richard has such a wide knowledge of music that he is great, as far as getting that together and helping to recommend who should play."

The 30th anniversary birthday blues night featured the Kelly Bell Band, Tom Principato and The Nighthawks, an energetic and versatile D.C.-based blues band, who have been around for over 30 years and were chosen because of their long-

standing history.

"Richard came up with the idea of blues night because he could get The Nighthawks," Jones said. "Since Weekend is going to be 30, we thought we would play with the idea that here's a band that is older than Weekend!"

Harrington introduced the bands between each set and announced six raffle winners who won a bag filled with Post items. One lucky raffle winner received a weekend worth of tickets to a Baltimore Orioles vs. Boston Red Sox game, a Dave Matthews Band concert and a Gipsy Kings concert.

"The concerts are free so anyone, regardless of income, can attend and enjoy different genres of music," said **Ruben Rodriguez**, Public Relations, who helped organize the event.

Latin night on June 29 will feature Visions of Jazz, Pablo Antonio y La Firma and Verny Varela Orchestra. Post employees may pick up four tickets in the Public Relations department on the day of the concert. ■

Promotions

VERONICA “RONI” BRAGG, Production, is the new administrative assistant at the Springfield plant, following **Martha Yeater**’s retirement. Veronica has been at The Post since 1989 working in various roles in the Circulation department. She has served as a home delivery field support representative in



COURTESY OF VERONICA BRAGG

Veronica “Roni” Bragg

the Washington, D.C., Maryland and Virginia offices. She has provided administrative support for suburban and country, as well as the operations and planning functions within Circulation. She enjoys family time, aerobics, tackling home renovation projects and is currently the treasurer of her bowling league.

MARY ANNE CLARK, Production, was recently promoted to College Park Health Center manager. During her twenty plus years in the nursing field, she has worked in emergency rooms and acute care, adult neurosurgery, pediatric care and occupational health. She most recently worked for Lockheed Martin, where she was an employee health nurse. Mary Anne has worked part time at the Springfield plant as an occupational health nurse since 2004. She earned a BS in nursing from Georgetown

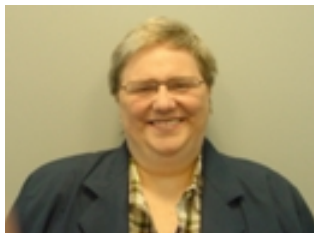
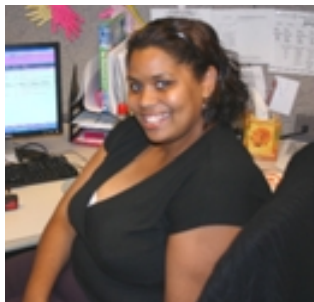


PHOTO - JOHN MANDISH

Mary Anne Clark

University. In addition to being a licensed registered nurse, Mary Anne is certified as a workers’ compensation case manager, occupational health nurse specialist/case manager and in advanced cardiac life support. Mary Anne and her dog Crissy are training at Fidos for Freedom, so the dog will be certified as a therapy dog. They will then visit nursing homes, hospitals, etc.

SHANNEL McCONNELL, Advertising, joined The Post in 2005 and was recently promoted from advertising coordinator in the Business Development Unit to lead advertising coordinator in the National Advertising Unit. Additionally, she’s an active member of the customer service committee, who created the employee encouragement



Shannel McConnell

program called “Pat on the Back.” She holds an associate degree in business and is currently working on her BA in marketing from the University

of Phoenix online. Shannel is originally from Lawton, Okla. She has a dog named Kris-Miss and a duck named Easter. She loves to travel and has visited just about every state. Apart from shopping and meeting new people, she loves anything that allows her to use her creativity.

BEVERLY McLAUGHLIN, Production, was recently promoted to assistant superintendent at the College Park pressroom. She started at The Post as a team assistant and temporary plate spotter in August 1989 at the Springfield plant. Shortly after-



PHOTO - JOHN MANDISH

Beverly McLaughlin

wards, she became a press operator trainee assigned to the Northwest plant. She completed her training in 1991 and remained at the Northwest plant until May 1999, when she was promoted to team leader. As a team leader at the then new College Park plant, Beverly played an integral part of the press operator training program for the new Mitsubishi presses. She remained a team leader for five years before becoming a technical leader in 2005. During her 18-year career at The Post, Beverly has trained several team assistants and press operators on the Mitsubishi presses and has served as a mentor to several

up and coming leaders in the pressroom. Beverly earned her BA in education from George Mason University (Va.). In her spare time, she enjoys spending time with her parents Edward and Catherine and also her three nephews Thaddeus, Michael and Trayon.

CAROL MILLER, Production, just joined College Park as the plant human resources manager. She brings over 25 years of technical experience and a commitment to being a hands-on professional. She has used her extensive experience and training in HR, counseling, coaching, teaching, training and mediation to facilitate practical and effective initiatives in team-building, performance management, talent management, conflict management, workplace culture, diversity, social equity concerns and HR generalist functions. In the past 15 years, Carol has held positions as an HR, affirmative action and equal employment director, as well as organizational development and executive coach. She earned her BA in English from Ursinus College (Penn.), a M.Ed. in counseling psychology from Kutztown State University (Pa.) and a JD from the Widener University School of Law (Pa./Del.), and is a certified workplace and family mediator. She has completed a certificate program in management from Duke University. She is an active member of the Association for Conflict Resolution and the Society of Human Resources Management. (No Photo Available) ■

Post Learning Center Launches July 2

On July 2, The Post Learning Center will be launched. The Web-based center will enable employees to take self-paced online courses and register for the company's current collection of classroom-based, instructor-led courses.

"The Post Learning Center offers a lot of value for our employees," said project manager **BJ Johnston**. "It makes it much easier for them to get information about courses, register for them and see which courses they have completed." Johnston adds that the center also benefits the company by streamlining the process of creating and maintaining training records.

The new center is an

enhanced, re-branded version of the familiar *Element K* Web site that employees currently use to complete online computer skill courses and self-paced training on the company's code of business conduct, respect-in-the-workplace policies and information security requirements. The re-branded site's enhancements will provide new features, including:

- An online catalog of classroom-based and computer-led courses
- An information center for new employees
- A more user-friendly course registration system
- Automatic confirmation of course registrations

The Post Learning Center



Welcome to The Post Learning Center. This is your one-stop site to register for The Post's online and instructor-led courses. Follow the instructions below to register for courses.

- Automatic notification of course location and time changes
- Real-time training record updates

The enhanced course registration function will eliminate the need for the current Lotus Notes-based registration system, which will be discontinued. System administrators will transfer existing

registrations from the old system to the new one.

Employees will be able to access The Post Learning Center from the WPONet home page. Guidelines for using the new site will be available on IntraNed. For more information, contact Johnston at x4-5135. ■

More Awards Pour in for 'Being a Black Man' Series

By **Janell Muhammad**
ShopTalk Staff Writer

More awards have poured in for the "Being a Black Man" series since last week, when ShopTalk reported that the series won a Peabody award. Last week, it won the 2006 annual award given by the University of Iowa's journalism school and the Gallup Organization, as well as the 2007 Casey Medal and an Emmy.

The Iowa Gallup award recognizes the importance of the news media's use of polls in understanding public opinion and shaping dialogue on social and political issues. The survey was conducted by The Post, the Kaiser Family Foundation and Harvard University. As the recipient of the award, The

Post will receive a \$2,500 stipend, a tailored medallion and will be honored at a presentation planned for this fall at the Gallup World Headquarters in Washington, D.C.

According to polling director **Jon Cohen**, who joined The Post after the survey took place, the following people contributed to the project's success: **Monica Norton**, News (Metro); **Paul Williams**, WPNI; **Cory Ohlendorf**, News (Style); Richard Morin, (Pew Research Center); Claudia Deane, (Kaiser Family Foundation); **Phil Bennett**, managing editor; **Kevin Merida**, associate editor; **Steven Holmes**, News; **Sydney Trent**, News and **Marcia Davis**, News.

The Post is also the proud recipient of a 2007 Casey

Medal. The medals for meritorious journalism honor distinguished coverage of disadvantaged children and families. As first place winners, The Post will receive \$1,000 and will be honored at a luncheon in Washington, D.C.

The following people from The Post and WPNI are recognized for their participation: **Tanya Ballard**, **Nancy Donaldson**, **Tom Kennedy**, **Dee Swann**, **Donna Britt**, **Ju-Don Roberts**, **Kevin Merida**, **Robert Pierre**, **Sari Horwitz**, **Sydney Trent**, **V. Dion Haynes**, **Michel du Cille**, **Michael Fletcher**, **David Finkel**, **Wil Haygood**, **Krissah Williams**, **Keith Jenkins**, **Tamara Jones**, **Steven Holmes**, **Neely Tucker**, **Marcia Davis**, **Dennis Brack**, **Richard Morin**,

Keith Alexander, **Lonnae O'Neal Parker**, **Darryl Fears**, **Marvin Joseph**, **Jahi Chikwendiu**, **Kevin Clark**, **Nikki Kahn**, **Beth Broadwater**, **Dwuan June**, **Jon Wile**, **Laura Stanton**, **Meg Smith**, **Stephen Crockett**, **Joe Davidson**, **Claudia Deane**, **Nelson Hsu**, **Ben de la Cruz**, **Pierre Kattar**, **Hamil Harris**, **Sholnn Freeman** and **Jennifer Crandall**. **David Jones** and **Eric Grant**, Public Relations, managed the community promotional efforts.

Finally, Ben de la Cruz, WPNI, and Hamil Harris, News (Metro), received a local Emmy in the category of Public/Current/Community Affairs feature for their collaborative efforts in producing a segment entitled "The Jailed." ■

Post Artist Featured in Jamrock Magazine

By Emil Robinson
ShopTalk Staff Writer

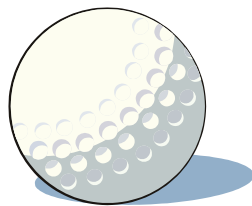
Advertising Operations' **Ken Abrams** was featured in the June edition of Jamrock magazine, showcasing two of his paintings, "Boy with Dragonfly" and "Too Much Wata." Abrams, who started at The Post in January, has been painting since he was a child back in his hometown in Guyana. Abrams's inspirations include painters Manuel Palacio and Chris Cozier for their versatility and dedication. His art tends to reflect on his Caribbean culture, but also incorporates techniques from the European Renaissance and prehistoric caves. To view his paintings and learn more about him, you can visit www.anancygallery.com or pick up a copy of this month's Jamrock (June).

No ShopTalk Next Week

ShopTalk will not be published next week due to 4th of July. But before you get too upset, we will return stronger and better than ever on July 13.

Congratulations to the Golf Tourney Champs!

Springfield press operator **Rick Jones**, Springfield building engineer **Luis Benitez**, along with Benitez's cousins, Jorge Castillo and Phillip Castillo, won the annual Washington Post Employee Golf Tournament held at the Augustine Golf Club in Stafford, Va. on June 11. They shot 57. More information in next ShopTalk.



Meet the Newsroom Interns

A link with photos and short bios of the newsroom interns is now available on the Source (<http://thesource/site-data/nrinfo.nsf/pages/2007interns>).



ISO Graduates

If you or a Post co-worker recently earned a degree or professional certificate, let ShopTalk know by emailing: shoptalk@washpost.com or onam@washpost.com.

Stress-Relief: Workplace Meditation

Learn mindfulness meditation with gentle, guided meditations for peace of mind and improved focus—a calming break in the middle of the workday. No need to change out of professional attire; we sit in chairs.

The next five-week series runs on Wednesdays from

1:45 to 2:30 p.m., starting on July 11 and ending on August 8. It will take place in the Fitness Center, but membership is not necessary. Only \$75 for entire series. If you have any questions or to register for the series, contact: meditate@visityourself.net.

Visit Yourself at Work has brought mindfulness meditation to over 30 of the largest



organizations in the D.C. area and has been featured by The Post, Legal Times, the Bureau of National Affairs, the Institute of Management & Administration and other media. Go to www.VisitYourself.net for more information.

Marketplace

FOR SALE: Morrissey tickets (2) at Wolf Trap on Monday, Jul. 2 at 8 p.m. Tickets for front orchestra are no longer available. Great seats: Section F Orch/Row O/Seats 76,77. They're e-tickets that can be emailed to you. Contact Mario at 240-515-1732 or marioivano@gmail.com.

FOR SALE: Callaways X16 set of golf clubs. Only six-months-old. Paid \$650, asking \$350 (4 to PW). Also single wedges and irons. Hummer driver \$50 (as seen on TV); SOLO drivers \$50. Callaway bag \$50. Complete set of King Cobras with bag; woods and putter; graphite shafts (special for seniors): \$750. Also single, used Taylor Made Woods and miscellaneous irons starting at \$10; Tommy Armour Tour bag \$30. Contact Angelo at 301-446-1416 (2 p.m. – 10 p.m. on Tues. – Sat.) or 301-275-7097

FOR RENT: Studio unit at The Village in Palmetto Dunes. From Saturday, Aug. 25 to Saturday, Sept. 1. Unit includes one queen bed and one sleeper sofa, kitchen, cable and VCR. \$50 a night (minimum four nights) or \$300 per week. This is about 50% off rates advertised by Expedia, Travelocity, etc. About the resort: The Village is surrounded by the Robert Trent Jones Golf Center, the Palmetto Dunes Tennis Center, lagoons and a nearby beach. Pool, spa, grills, picnic tables, laundry Internet access onsite. Guests enjoy golf, tennis, restaurants, shopping, crabbing, canoeing, fishing, paddleboating, biking and nightlife. Contact Kay Coyte at x4-7667 or coytek@washpost.com.

FOR RENT: One-bedroom, 1-bathroom apartment (Dominion Middle Ridge) in Lake Ridge, Va. 642 sq. ft. with fireplace and balcony overlooking the river. Only 10 minutes from I-95 and 30-min. drive to The Post. Rent is \$1,125 per month. Need someone to sublet apartment until November 2007. Contact Villy at 703-297-5856.

FOR SALE: Nat tickets available! Two excellent seats: Sec 324A, Row 6, Seats 1 and 2 for the following Sunday games (all scheduled to start at 1:35 p.m.): June 24 (vs. Cleveland), July 8 (vs. Milwaukee), July 22 (vs. Colorado), August 8 (vs. St. Louis). Only \$58 per pair per game. Contact Valerie Kenyon Gaffney at x6-2409 or 703-973-9194.

FOR RENT: One-bedroom apt. available in Washington, D.C. Mt. Pleasant area for \$1,100 per month. Contact Delton at x4-6732 or 202-234-3273.

NEW MARKETPLACE DEADLINE: **Noon THURSDAYS.** Please include your name, extension and phone number. Ads are for Post employees only. Send ads to ShopTalk, seventh floor, or call x4-6803. To send ads via fax dial x4-4963 or to email send to shoptalk@washpost.com or onam@washpost.com. Ads run for two issues unless otherwise requested. One ad per employee. ShopTalk reserves the right to publish and edit all ads.