

ShopTalk



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The Challenge and Reward *Being a 2008 Summer Intern*

By Sydney Glass and
Katherine Jones
ShopTalk Staff Writers

What are some typical duties that come to mind when you hear the word “intern?” Making coffee runs? Watching from the sidelines silently? Getting paid for menial

ing summer. Public Relations partnered with Human Resources in support of the annual summer program.

David Jones, Public Relations manager, said, “I think the



PHOTO - KATHERINE JONES
Intern **Azizza Brown** (right) goes over a spread sheet with Intern **Candice Brown**.

Program manager. “It focuses on developing professional skills and behaviors.”

The Post offers its interns real, on-the-job experi-

ence in their field of choice. “I think the most important aspect of the intern program is the development of professional and life skills necessary for success,” added Pinkney. “They learn how to build professional relationships and how to network.”

program demonstrates our commitment to cultivating the professional abilities of our youth across the region.”

With the Careerstone Group back for its second year, The Post Summer Resident Program started off with a bang. Careerstone is an organizational development consulting company that focuses on help-

and trivial work? These are not the responsibilities of the summer hire interns at The Post.

On June 9, the interns dived head-first into what is likely to become a memorable and reward-

ing “business organizations and Generation Y intersect for a successful future.”

“Careerstone aligns them [the interns] for success,” said **Charmieca Pinkney**, Internship



PHOTO - KATHERINE JONES
Intern **Junior McLean** (left) talks to **Charmieca Pinkney**, Internship program manager, during a break at the Careerstone workshop.



PHOTO - EMIL ROBINSON
The 2008 summer interns during the “Art of Engaging and Networking” workshop presented by the Careerstone Group.

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Los Fellows

Five exceptional investigative and enterprise journalists from Latin America recently spent two weeks at The Post as part of the newly launched fellowship program between The Post and the Woodrow Wilson Center.

Jorge Carrasco from Proceso in Mexico, **Alfonso Cuellar** from Semana in Colombia, **Luciana Franco** from Revista Globo Rural in Brazil, **Maurizio Guerrero** from Poder y Negocios in Mexico and **Flavia Tavares** from O Estado de S Paulo in Brazil were selected from 65

candidates by a panel from The Post, the Wilson Center and two outside judges.

In a memo to the newsroom welcoming the fellows, Managing Editor **Phil Bennett** wrote, "The fellowship was dreamed up around a bar in El Paso last fall during a conference with journalists from both sides of the border. We solicited proposals from countries across the hemisphere



PHOTO - KATHERINE JONES

Visiting journalists **Maurizio Guerrero** (left) from *Poder y Negocios* in Mexico and **Alfonso Cuellar** from *Semana* in Colombia. Two of the five Latin American fellows that recently spent two weeks at The Post.

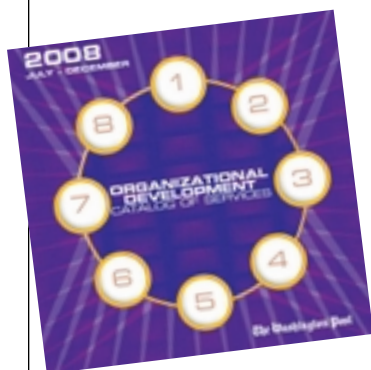
for specific investigative or enterprise projects touching on issues of importance involving the United States

and Latin America."

The fellows spent two weeks in The Post newsroom completing various projects while paired with a Post editor or reporter. Their projects will be published in their home countries, but also on washingtonpost.com or in the newspaper.

Bennett thanked **Karen DeYoung, Marilyn Thompson, Jeff Leen, Tony Faiola, Greg Schneider** and **Marcia Davis** for their participation and **Scott Wilson, Dana Priest** and Assistant Managing Editor **Milton Coleman** for launching the project. ■

Post Learning Center Courses Available for Enrollment



The Post Learning Center is offering the following courses to all Post employees during the months of July and August.

Leadership for Results – July 8, 15, 22, 29

This intensive, four-day leadership series is spread over the course of one month and exposes participants to essen-

tial management and leadership principles for success in any role. Suggested Prerequisite: Myers-Briggs Type Indicator (MBTI)

Myers-Briggs Type Indicator (MBTI) – July 10

Gives participants a practical, useful lens for understanding differences in work and communication styles and discusses how to use those differences to improve individual and team effectiveness.

Advanced Interpersonal Communications – July 16

Explores the importance of continuously improving communication skills as the cornerstone to effectiveness in any role.

Effective Presentation Skills – July 23

Builds solid and lasting self-confidence for those who train or speak in front of groups. Suggested Prerequisite: Advanced Interpersonal Communication.

Mapping Your Course: Is Supervision for You? – Aug. 5

Designed for employees who are not currently in a supervisory role, but who are considering the transition to management.

Taking Charge of Your Career – Aug. 12

Explores self-managing performance and development with the objective of creating

a solid foundation for achieving professional goals.

Business Writing for Results – Aug. 13

Provides clear strategies, techniques and tools for effective writing in a business environment.

If you are interested in attending these or any other Post Learning Center courses, please visit the Post Learning Center at <https://ess.wponet.com/>, log in using your WPONet user name and password, and click "My Training" link.

If you need assistance registering, please send an email to OD@washpost.com or call x4-5425. ■

Crystal Morgan, a new intern in Advertising, Major Accounts Unit, said, "This experience is very different from temp jobs I've worked before. I was given busy work and never gained the work field experience I craved." In her third week at the Post, she's already been through training to learn the SAP and Market Select systems.

Returning intern **Candice Brown** came back to The Post because she enjoyed the environment and her co-workers.

"The employees are very welcoming and they are more than willing to answer any questions that you may have," said Brown. "It is a laid back and fun environment and I'm very comfortable when I come to work. It is a very close-knit community."

Many of the summer interns go on to receive full-

time positions at The Post.

Lauren Williams, who was an Eastern 500 Club member and student intern, now works in Customer Accounting.

"My research and analytical skills improved while working at the Post," she said. Eventually, she plans to explore the field of law and take the skills and professionalism that she gained at The Post with her.

The Post's "daily miracle" is accomplished not only by

Post employees, but also the summer interns who do their part. The company assists interns in finding their personal, as well as professional capabilities. Interns receive a welcoming, family-oriented environment along with professional work experience. The interns leave with friends, a history of the company and exposure to the inner workings of a successful company. ■

The Post on the Weekends



Aurora Gonzalez, Public Relations, emcees "Latin Night" during the third and final installment of Weekend's Weekends concert series. Public Relations Interns **Katherine Jones** and **Emil Robinson** and **Ceyda Schofield**, Circulation, assist in handing out some raffled Post goodie bags.



Aurora Gonzalez, Public Relations, introduces Richmond's *Bio Ritmo*, the third and final band during the free Weekend's Weekends "Latin Night" at Carter Barron Amphitheatre.



PHOTO - DAVID JONES

From left, Public Relations interns **Sydney Glass**, **Katherine Jones** and Jones's twin sister **Khristian**, who volunteered to help distribute copies of The Post's Weekend section during the first date of the concert series.



Following their performance, *Bio Ritmo* stop to take a photo with The Post. From left, trumpeters **Tim Lett** and **Bob Miller**, trombonist **Tobias Whitaker**, lead singer **Rei Alvarez**, bassist **Eddie Prendergast**, Public Relations' **Aurora Gonzalez** and **Emil Robinson** and **Gabo Tomasini** on congas.



PHOTO - AURORA GONZALEZ

The Post has made its presence at the annual Frederick Festival of the Arts since 1999. From left, volunteers **Vanessa Gonzalez**, **Ryan Okumura**, **Guillermo Gomez** and **Johnathan Tolentino**.

Congratulations to Springfield Plant Retirees!



PHOTO - VERONICA BRAGG

The pressroom gang during a recent farewell ceremony at Springfield: standing from left: **Bill McDonald**, honoree **Earl Days** and Vice President **Jim Coley**, Production. Bottom from left: honoree **J.J. McGovern**, **Dale Green** and **Willard Dickey**.

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Farewell Ceremony Photos Available

Photos taken during the recent farewell ceremony are now available on flickr.com, where you can download them. Contact Shoptalk at shoptalk@washpost.com for a link to the site.

Note to Departing Post Employees

Centrex Department is requesting that Post employees or supervisors of departing employees contact **Monica Williams** or **Mary Robinson** at x4-6000 or at robinsonmm@washpost.com and provide the following information: departmental changes, extension numbers,

home and cell phone numbers to update the Centrex database.

Free Lunch for Beer, Wine and Spirits Drinkers

If you work at the Northwest Building and you consider yourself a beer, wine or spirits connoisseur, Marketing would like to talk to you over lunch. They will be convening several internal focus groups. This is the second one. Your participation will help Marketing make some important decisions about future plans and projects. Please e-mail your name, department and phone number to shoptalk@washpost.com, if you would like to participate or contact **Kit Bradley** at x4-6728.

Discount Tickets to Wolf Trap for Post Employees

Post employees can receive a 10 percent discount on selected shows at Wolf Trap's Filene Center. To access the program and see what shows are available, visit:

wolftrap.org and search for "employee discount." Click on the first item under "Site Search" on right: "Wolf Trap Foundation for the Performing Arts/ Employee Discount Program." If you click on "Wolf Trap Employee Discount Program," you will need to enter this password: 08*15*27 to find a listing of the eligible events and purchase tickets at the discounted price. This password is strictly for Post employees. Discount is available on up to ten tickets per show, in-house seats only (lawn tickets are excluded). You will need to pick up your tickets at will call and show your Post identification. Contact ShopTalk with any questions at shoptalk@washpost.com.

No ShopTalk on July 18 and 25.
ShopTalk will return on Aug. 1.

In the Green Corner

FACT: Trees for Post newsprint are grown as a crop and would not live much longer if they are not harvested.

GREEN TIP: Don't forget to print on both sides of paper whenever possible.



EAP Tip

If you're planning on making the most of what summer has to offer, it is important to keep outdoor safety precautions in mind. An APS Healthcare Employee Assistance Program (EAP) tip sheet called "Summer Safety" is now available near the Health Center or by contacting ShopTalk (onom@washpost.com). Remember: EAP is available 24 hours a day, seven days a week at 1-800-765-0770 or at www.apshelplink.com (code: Post).

Marketplace

FOR SALE: Need somewhere to put your extra clothes? White, three-month-old wardrobes for \$70. In great condition with one adjustable shelf and one clothes rail included. Product dimensions: width: 31 7/8 in. (81 cm), depth: 19 5/8 in. (50 cm), height: 70 7/8 in. (180 cm). Contact Stacy Noel at x4-6090 or noelstacy@hotmail.com. Pictures available upon request.

FOR RENT: Three-bedroom town house in Corolla on the Outer Banks. September and October best time of the year—when the crowds are gone, the rents are cheap and the weather beautiful. Stone's throw from the beach. Contact Mike at x4-7346.

NEW MARKETPLACE DEADLINE: Close of business on Fridays. Please include your name, extension and phone number. Ads are for Post employees only. Send ads to ShopTalk, seventh floor, or call x4-6803. To send ads via fax dial x4-4963 or to email send to shoptalk@washpost.com or onom@washpost.com. Ads run for two issues unless otherwise requested. ShopTalk reserves the right to publish and edit all ads.